



Home Learning Guide

2020

The Halley Academy



We would like to take this opportunity to thank you for your continued support and understanding during this time, as we continue to work together in new ways to ensure your son/daughter continues to engage meaningfully with their learning.

The recent events in our nation and around the world mean teachers, students, and families are experiencing something they've never experienced before. Home learning provides us with a unique and exciting opportunity to continue to support all members of our learning community, mentally, physically and emotionally.

We have been seeking tips and advice from our international community: teachers, educationalists and families that have and continue to work from home. We have collated some of these suggestions in this guide to support families to engage with learning from home and to ensure that students' academic education does not suffer, whilst providing students with a fun, engaging, and supportive environment while learning at home.

In this guide you will find the following:

- Tips for creating a “classroom” environment at home
- How to use Google classroom
- Student schedule for home learning
- A list of free educational resources websites that may support online learning
- Suggestions to support student’s positive mental health and wellbeing
- IB learner profile wellbeing checklist

Thank you for providing your child with support during this time. If you need additional tips, resources, or support, please don't hesitate to contact us at the Academy.

Creating a Classroom Environment

Here are a few things to consider when developing your learning environment at home:

Set up a Learning Routine & Structure

- *Routines and structures may help children transition from learning at school to learning at home.
- *To create a routine that works for your children, consider the expectations given from your children's teacher.



Create a Physical Learning Space

- *Set up a designated workspace for students before getting started every day.
- *Make sure your child has all of their materials ready including pencils, glue sticks, scissors, digital devices, books, etc.
- * While students are working, be sure to limit any distractions including the TV and additional devices.



Give them Space, then Check-In

- *Show that you believe in your children's abilities and independence by giving them space to learn.
- *Check-in every 15 to 30 minutes to check their work, offer feedback, and give additional instructions.



Provide Mental Breaks:

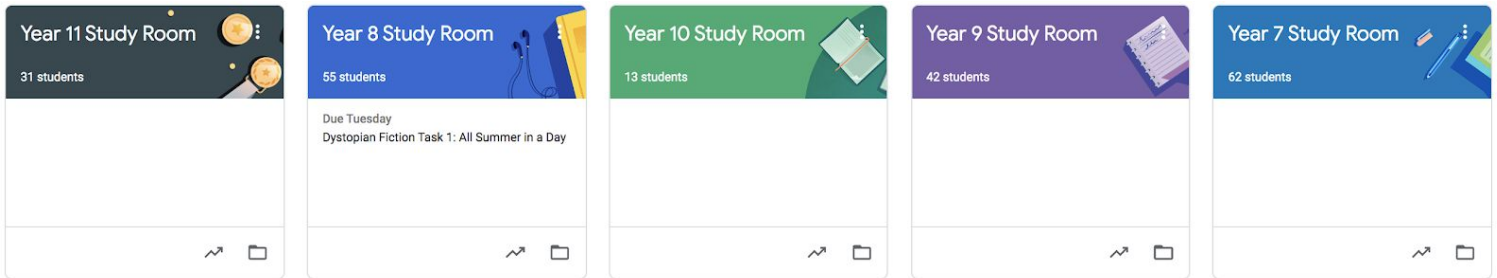
- *People of all ages need time to reset and refocus.
- *You may also decide to break up tasks into smaller chunks to make it more manageable.
- *Visual timers can also be a great tool for time management.







Using Google Classroom



Students have been provided with unique codes for all their classes.

They should have now joined all of their classes, using these codes.

On the Google Platform, students will be set a range of engaging and meaningful tasks. They will also be able to access additional resources, such as lesson powerpoints, past exam papers and quizzes.



Google Classroom

Your child's teachers will regularly check in and feedback to your son/ daughter, where possible.

We have asked staff to break down activities into manageable chunks to allow them to manage their workload.

If for whatever reason your child is unable to complete the work set please do inform the class teacher.

Our students use Google Classrooms regularly, however for further student guides/tutorials:

<https://www.youtube.com/watch?v=qSxNLaWm74g&t=3s>

For parent/guardian guides to Google Classroom:

<https://drive.google.com/file/d/1uFBoYMjS9vrWSDwq6djRKKlwIReN5vnG/view>

<https://www.youtube.com/watch?v=DMJt55A-DA0&feature=youtu.be>

Student Schedule

Successful learning at home will depend on students maintaining focus and momentum. We suggest that each student creates their own timetable, allowing them to spend time on all subjects, not just those that they enjoy the most. We would advise spending a substantial amount of their time on the core subjects of English, Maths and Science.



We are also suggesting that every student reads for at least 30 minutes per day. This could be fiction or non-fiction. The International Children's Digital Library has a large catalogue of texts that all can be accessed from home: <http://en.childrenslibrary.org/>. Amazon have also opened their online children's books catalogue for free.



We would also like students to take part in at least 30mins of exercise per day. At 9am every day Joe Wicks will be doing a live video: 'PE with Joe' <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>. We would encourage our staff and students to join the nation in these activities.

An example of a student home learning timetable could look like:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning	English	Maths	Science	Geography	Music
	Maths	English	History	Maths	PE
Afternoon	Food	Art	English	Drama	Technology
	Computing	Languages	Maths	English	Science

Daily routines are extremely important for us all. In order to support the students to manage their home learning, as well as support positive mental health and wellbeing during this difficult time it will be important that students follow consistent routines that work for families.

An example of a schedule and a blank template follow, that will hopefully help you to create your own daily plan. Please also remember that your routine and schedule may need to be adjusted over time as you better understand how your children learn best.



Example Daily Schedule

Before 8:30am	Morning Routine: Wake up, eat breakfast, make your bed, get dressed, brush your teeth, etc.
9:00am	Joe Wicks - 'PE with Joe' https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ .
9:30am	Academic Time
10:30am	Snack/Free Time
11:00am	Academic Time
12:30pm	Lunch/Free Time
1:00pm	Quiet Time - reading, puzzles
1:30pm	Academic Time
2:45pm	Creative Time - Lego, drawing, crafting, music, cook, etc.
3:30pm	Family Time/Extracurricular Activities
5:30pm	Dinner
6:30-7:30pm	Free TV/Games Time
7:30pm	Bedtime Routine - to include reading
8:00/ 9:00	Bedtime



Digital Resources

Below are a few educational websites that are offering free online resources. These resources may help to support your children's online learning.

<p style="text-align: center;"><u>English Literature and Language</u></p> <ul style="list-style-type: none">- English Biz has a range of activities to support key literacy and grammar skills.- Spelling, punctuation and grammar practice.- Discovering texts through the British Library.- Read and listen to classic texts by canon British authors.- Listen to over 300 free audiobooks.- Accessible lectures on a range of Shakespeare plays.	<p style="text-align: center;"><u>Science</u></p> <ul style="list-style-type: none">- Discover the history behind important scientific objects.- Access past AQA GCSE exam questions.- Practise using and rearranging Physics equations.- Online science practicals.- Watch lectures from the Royal Academy of Science.- Discover the science behind everyday household items.- Science simulations for abstract topics.
<p style="text-align: center;"><u>Individuals and Societies</u></p> <ul style="list-style-type: none">- Explore the collection of the British Museum.- Discover the history of London.- BBC History and Geography videos.- Weekly topical lessons on Geography and Science.- 30 virtual Geography field trips.- National Geographic resources.- Free Geography quizzes.- Active History projects and simulations.	<p style="text-align: center;"><u>Visual and Performing Arts</u></p> <ul style="list-style-type: none">- Louvre online tours.- Explore the Dali Theatre Museum.- Discover the Vatican Museum.- National Gallery online tour.- Visit top impressionist painters in the Musee D'orsay.- Virtual tour of the Uffizi Gallery, Florence.- Explore the Rijkmuseum collection.- Take online Piano lessons.- Visit the Courtauld Institute.
<p style="text-align: center;"><u>Mathematics</u></p> <ul style="list-style-type: none">- Collection of videos, worksheets and exam questions.- Video tutorials and past questions.- Worked solutions in Maths and Physics.- Interactive online video streaming service.- Interactive learning based programme.	<p style="text-align: center;"><u>PE</u></p> <ul style="list-style-type: none">- Videos, quizzes and vocabulary tasks.- Revision flashcards of key muscle groups.- Anatomy revision flashcards.- Online Cambridge Nationals Exam Unit videos.- Online yoga tutorials.



Technology and IT

- [3D tour](#) of the National Museum of Computer Science.
- Virtual tour of [Bletchley Park Computing Museum](#).
- Explore how technology [benefits society](#).
- iDEA is an international programme which helps develop enterprise and [employability skills](#).
- [Creative iMedia exam revision](#).
- [Design](#) your own website using Google sites.
- [Activity packs](#) about online safety.
- Explore the ethical questions about [cyber security](#).

Modern Foreign Languages

- Learn a new language for [free](#).
- [Teach It Languages](#) are offering free access to a range of PDF resources.
- [Vocabulary lists](#) arranged by topic.
- [French](#) and [Spanish](#) interactive resources.
- [This is Language website](#).
- [Spanish](#) and [French](#) online bilingual stories.
- [Practice Spanish listening at home](#).
- [Online](#) French books, magazines, newspapers and documentaries.

Values

- [Video clips](#) linked to our Values curriculum.
- [Film clips](#) linked to our Values curriculum.
- [Train with Premier League footballers at home](#).
- [Meditation](#) breaks.
- [Mindfulness](#) breathing and relaxation activities.

Non Digital Activities

Learning at home provides a great opportunity for students to participate in meaningful activities that encourage curiosity and creativity! Here are a few fun ideas to get started:



We are encouraging all students to keep a diary during this time. This is a globally changing time of history and we would love to share extracts from staff, students and parents as the weeks go on

and we return. This may only be a sentence or two each night. It will one day be a first hand account of their experience that they will be able to share with their own children.

- *Read books
- *Start cooking a new dish every week for the household
- *Household games

Non-screen activities you can do at home

What can you do when there's no school and you're stuck at home? Here are 25 fun ideas to choose from.

Pobble

25 Ideas!

<p>1 How many different words can you make from the letters in this sentence, below? Grab a pencil and paper and write a list!</p> <p style="font-size: small;">Learning from home is fun!</p>	<p>2 Thank a community hero. Think of someone that helps you in some way and write a short letter to thank them.</p> <p style="text-align: right; font-weight: bold; color: #0072bc;">Thanks!</p>	<p>3 Get building! You could build a Lego model, a tower of playing cards or something else!</p>	<p>4 Can you create your own secret code? You could use letters, numbers, pictures or something else! Can you get someone else to try and crack it?</p>	<p>5 Start a nature diary. Look out of the window each day and keep note of what you see. Birds, flowers, changes in the weather, what else?</p>
<p>6 Hold a photo session. Use a camera or a mobile phone to take some snaps. What will you photograph? Your pets or toys perhaps?</p>	<p>7 Build a reading den. Find somewhere cosy, snuggle up and read your favourite book!</p>	<p>8 Use an old sock to create a puppet. Can you put on a puppet show for someone?</p>	<p>9 Make a list of all the electrical items in each room of your home. Can you come up with any ideas to use less electricity?</p>	<p>10 Design and make a homemade board game and play it with your family.</p>
<p>11 Do something kind for someone. Can you pay them a compliment, make them something or help them with a task?</p>	<p>12 Can you create a story bag? Find a bag and collect items to go in it that relate to a well known story. If you can't find an item, you could draw a picture to include.</p>	<p>13 List making! Write a list of things that make you happy, things you're grateful for or things you are good at.</p>	<p>14 Design and make an obstacle course at home or in the garden. How fast can you complete it?</p>	<p>15 Can you invent something new? Perhaps a gadget or something to help people? Draw a picture or write a description.</p>
<p>16 Keep moving! Make up a dance routine to your favourite song.</p>	<p>17 Write a play script. Can you act it out to other people?</p>	<p>18 Read out loud to someone. Remember to read with expression.</p>	<p>19 Write a song or rap about your favourite subject.</p>	<p>20 Get sketching! Find a photograph or picture of a person, place or object and sketch it.</p>
<p>21 Junk modelling! Collect and recycle materials such as yoghurt pots, toilet rolls and boxes and see what you can create with them.</p>	<p>22 Draw a map of your local area and highlight interesting landmarks.</p>	<p>23 Write a postcard to your teacher. Can you tell them what you like most about their class?</p>	<p>24 Draw a view. Look out of your window and draw what you see.</p>	<p>25 Get reading! What would you most like to learn about? Can you find out more about it in books? Can you find a new hobby?</p>

Pobble.com – More writing. More progress.



Wellbeing and Resilience

The topic of coronavirus might create a variety of feelings, including curiosity, anxiety or fear. It is important not to make any assumptions about feelings or reactions. The situation regarding coronavirus is changing rapidly and it can feel difficult to keep up with the latest developments. Factual information about coronavirus is usually corroborated or confirmed by a number of credible sources rather than just one. Sources of factual information on coronavirus that you may wish to use are:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters>

<https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Some useful links for student support and promotion of positive mental health and wellbeing in the current crisis:

<https://www.studentminds.org.uk/coronavirus.html>

<https://www.childline.org.uk/> 0800 1111

www.nspcc.org.uk 0808 800 5000


Kooth.com - an online mental health resource commissioned by Royal Borough of Greenwich

[Headscape](#) - a free resource for young people about mental health, developed by Oxleas NHS Foundation Trust

The Royal Borough of Greenwich website also has a number of support services listed.

In order to support and promote safe home learning, the Child Exploitation and Online Protection Command (CEOP) has designed ThinkUKnow Activity packs for parents and carers to use at home with their children, to support online safety at a time when they will be spending more time online at home. These activities will be updated every two weeks and can be found via this link [Think U Know Activity Packs](#) or www.thinkuknow.co.uk

1. Find a quiet, comfortable place to work and read
2. Take breaks, move regularly and keep to a routine
3. When working, switch off all notifications, phones, etc.
4. Drink water and eat healthily.
5. If in doubt, check Google Classroom. For help, email your teachers.
6. Pay attention to your emotions and feelings before going to sleep each night.
7. If you feel lost, lonely, helpless or anxious, seek help from others.



www.parentinfo.org is a collaboration between Parent Zone and CEOP. This service provides support and guidance for parents and carers on digital family life.

The safeguarding and wellbeing of our students remains a top priority at The Halley Academy. If you have a safeguarding concern then please do not hesitate to contact a member of our safeguarding team.

Designated Safeguarding Lead

Mrs Cronin, Head of Easley School, karen.cronin@thehalleyacademy.org.uk

Deputy Designated Safeguarding Leads

Mr Russell, Head of Franklin School, ben.russell@thehalleyacademy.org.uk

Mr Stevens, Head of Turing School, matt.stevens@thehalleyacademy.org.uk

Ms Williamson, Director of Inclusion, vickie.williamson@thehalleyacademy.org.uk

We will endeavour to respond as soon as possible, although please note that the email addresses are not monitored all of the time.

If your concern is an emergency and there is a risk of harm to self or others then please contact the police immediately.



IB Learner Profile Wellness Checklist

Use this Learner Profile wellness checklist to ensure you stay on track, stay healthy and calm and can continue learning while away from The Halley Academy.

Learner Profile	Did you...	Mon	Tue	Wed	Thu	Fri
Principled	Log into your Google classroom by 10am?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thinker	Complete the tasks set by teachers by the deadlines?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Balanced	Complete the PE Joe Wicks challenge or move for at least 30 mins today? Spend time outdoors, if possible?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Knowledgeable	Read a book for at least 30 mins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inquirer	Find an exciting link to your current units (a movie, a podcast, a documentary) which shows you the ideas in a different or new way?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Risk-taker	Try at least one new thing today? Foods, friends, experiences, music, ideas?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Caring	Check in with others, see if they are ok? Your family? Your friends? Yourself?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Communicator	Shared what you have learned with someone? Discussed with your family? Via social media? Shared successes with teachers? Reached out with students from around the world also working from home?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Open-minded	Challenge yourself to try something new ?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reflective	Added to your diary to record your thoughts, feelings and experiences of this historical time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>